

CROWN PREP POST-OP INSTRUCTIONS

Following a crown or bridge preparation, your gums may be tender. The reason for this is that we have prepared below the gumline for your new crown to fit well and look natural.

If you are having gum discomfort, you should rinse with:

- ½ teaspoon salt in 1 cup warm water for one minute — 2 times daily for 2 days.

In addition, your tooth may be sensitive to extremely hot and cold foods and drinks as well as sweets. It generally is temporary condition that will subside in a week.

Be aware that your temporary crown is secured with a temporary cement requiring a bit of caution. When flossing, pull the floss through the teeth for removal. NEVER pull it straight up or down, which could result in popping the temporary off.

THINGS TO AVOID:

- Extreme hot or cold food/drink
- Chewing gum, caramels... anything that will stick to or pull off the temporary crown